



Highlands Lodge
MOUNTAIN RETREAT

DAY VISTOR
GUIDE

083 663 5884 | www.highlands-lodge.co.za

WELCOME to you



A warm welcome from your hosts Liaan, Elizna and the team.

“We can’t wait for you to explore all that this beautiful mountain retreat has to offer.”

Activities for day visitors

Take a stroll to Te-piK café for your daily coffee fix, a delicious treat... or 2 and make your plans for the day.



Explore our Meander & Owl Hiking Trails



Harvest table, every Sunday 12pm | Te-eeT Restaurant

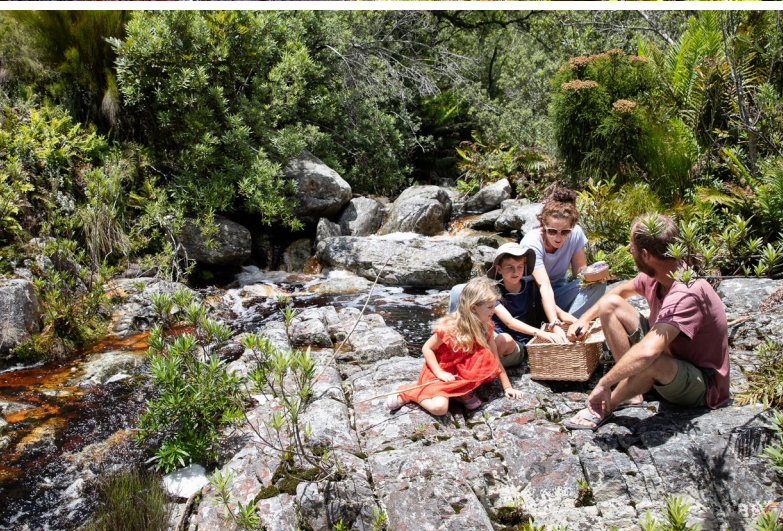


Picnic | Start at Te-piK & choose your own spot



Enjoy the fynbos & bird life

ENJOY every moment



Te-piK



Take a peek inside, choose a nibble and enjoy the beautiful view from the deck.

Or... opt for a takeaway and stroll down to the pool or up on a mountain trail.

At Te-piK we offer:

Barista coffee

A selection of croissants and sandwiches

A variety of choice wines, craft beer, ciders and drinks

Delightful cakes and desserts

Scrumptious beef and vegetarian platters (pre-order only)

Te-piK Picnics

Grab a picnic basket and fill it up with your favourite salads, fine roasted meat, artisan croissants, delicious cheesecake, barista coffee or craft beers and wines.

Choose a spot

On the deck with mountain views, by a bubbling stream, or at the sparkling pool.



Explore Products from Trading Flavours

Trading Flavours is the supplier of the finest quality vanilla, cacao, coffee beans, pepper, essential oils and spices from Madagascar to South Africa.

Te-pik

FOOD & DRINKS MENU

SALADS

Fruit Salad Bowl	R42
Turkish Chickpea Salad	R108
Broccoli & Peanuts	R87
Poke Bowl Salad	R128
Goats Cheese & Asparagus Salad	R148
Kale & Black Rice Salad	R98

BAKED GOODS

Plain Croissants	R32
Almond Croissants	R48
Chocolate Croissants	R36
Salami & Cheese Croissants	R52
Scrambled Eggs & Bacon Bits	R56

SANDWICHES

Vegetable Sandwich	R62
Ham & Cheese	R56
Beef Sandwich (on request)	R132

DESSERTS

Chocolate Cheesecake	R68
Vanilla Cheesecake	R78
Blueberry Cheesecake	R68
Carrot Cake	R 68
Brownie & Gelato Ice-Cream	R65
Gelato Ice-Cream	POR

FITCH & LEEDS

Indian Tonic	R18.50
Ginger Ale	R18.50
Pink Tonic	R18.50
Lemonade	R18.50

KOMBUCHA

Ginger & Lime	R35
Peach & Granadilla	R35
Blueberry & Pomegranate	R35

SMOOTHIES

Nut Case	R43
Berry Bliss	R62
Tropical	R62

JUICE

Orange	R32
Apple	R32
Mixed Berries	R32

Te-pik

COFFEE & HOT DRINKS MENU

COFFEE	250ml	350ml	HOT DRINKS	250ml	350ml
Espresso	R20	R25	Chai Latte		R35
Americano	R30	R35	Hot Chocolate	R30	R35
Cappuccino	R30	R35	Rooibos Tea	R25	
Cafe Latte		R35	Five Roses Tea	R25	
Flat White	R35		Cacao Husk Loose leaf Tea	R32	
Cortado	R30		Choc Mint Rooibos Tea	R32	

ALCOHOLIC DRINKS

BEERS & CIDERS

Loxtonia Stone Fruit Non-Alc	R 35
Loxtonia Crispy Apple	R 40
Rekordelig Strawberry Lime	R 40
CBC Pilsner	R 35
CBC Lager	R 35
Noon Gun The General Non-Alc IPA	R 35
Darling Brew Bone Crusher Witbier	R 40

SPARKLING WINE

Survivor Methode Cap Classique	R300
Van Loveren Chardonnay Pinot Noir	R175

BLANC DE NOIR / ROSE

Zorgvliet Silver Myn Dry Rose	R32
Jakkalsvlei Pink Moscato	R36

WHITE WINE

Wild Card Sauvignon Blanc	R150
Van Loveren Sauvignon Blanc	R45 / R145
Lands End Cape Agulas Sauv. Blanc	R280
Groot Phesantekraal Chenin Blanc	R135
Van Loveren Chardonnay	R145

RED WINE

Wild Card Merlot	R150
Van Loveren African Java Pino.	R50 / R145
Alvi's Drift Shiraz	R165
Riebeek Cellars Cabernet Sauvignon	R150
Van Loveren Cabernet Sauv. Merlot	R145
Badsberg Belladonna	R195





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